

# Adult DBT Intensive Outpatient Program Now Offering Telehealth Services!



## NOW OFFERING VIRTUAL IOP

**Village Counseling and Wellness is now offering telehealth services for our Intensive Outpatient (IOP) Program**

**Village Counseling's IOP is designed specifically for adults experiencing difficulties which require a higher level of care than our standard DBT program, while still living at home and participating in daily activities**

**Our DBT meets three times per week. Participants attend:**

- **One 50-minute individual session**
- **9 hours of DBT skills and training intervention**

**FOR MORE INFORMATION PLEASE CONTACT US AT  
INFO@VILLAGECOUNSELINGANDWELLNESS.COM OR  
CALL OUR OFFICES AT 818-238-9895**