

**1 IN 4
CHILDREN
are affected by
someone's drinking.
You are not alone.
Alateen can help.**

**For information about
Alateen visit:**

**[https://al-anon.org/newcomers/
teen-corner-alateen/](https://al-anon.org/newcomers/teen-corner-alateen/)**

For Sonoma County meetings visit:

<https://sonapal-anon.org/alateen/>


Al-Anon Family Groups
Help and hope for families and friends of alcoholics



Sonoma County Al-Anon/Alateen Local Support Line - 707-575-6760