



RECAMFT THERAPY GROUPS

~DEC/JAN/FEB 2023-2024~

~~~GROUPS FOR WOMEN~~~

WOMEN'S GROUP, Renée Owen, LMFT. Ongoing, for clinicians and non-clinicians. Be enriched, inspired & energized. Develop & deepen intimacy skills. Support & process work, goal setting. Now Online. 25+ years experience. 415-847-1353 or reneeowen@sbcglobal.net
<https://therapists.psychologytoday.com/183422>

DIVORCE GROUPS FOR WOMEN ONLY, Susan Pease Gadoua, LCSW. Ongoing, Online biweekly groups provide community, emotional support and information - all stages divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings & situations. 415-448-6242

WOMEN'S RELATIONAL PROCESS GROUPS, Lois Friedlander, MFT Tues. 5:15pm and Wednesday 5:45pm eves, Goals: Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Ages: late 20's to mid 50's. Experienced, certified facilitator. Contact: 415-383-3337 lois@loismft.com <http://www.loismft.com>

WOMEN'S GROUPS, Carla Haimowitz, Ph.D. Leading groups since 1970. Openings in Mon. & Tues. evening groups. Addresses wide range of concerns. Participants 40-70 years old. Virtual & hybrid optional (Oakland). Insurance accepted. For more information: carlahaimo@sbcglobal.net or 510-655-7828

~~~GROUPS FOR MEN~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~CHILDREN, TEENS, & PARENTING GROUPS~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~COED GROUPS~~~

INTIMACY GROUPS & SINGLES GROUP, Renée Owen, LMFT. Ongoing groups for singles, couples, or married. Also 9-wk grp for Singles. Create more success in relationships. Clinicians welcome. Online. 25+ years experience. 415-847-1353. reneeowen@sbcglobal.net
<https://therapists.psychologytoday.com/183422>

MIXED GENDER PROCESS GROUPS, Kim Ives Hicks, CGP, MFT.
Now online. (650) 737 1818
www.counselingforyou.com

~~~SPECIALTY GROUPS~~~

MIXED GENDER RELATIONAL PROCESS GROUP, Lois Friedlander, MFT, Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Late 20's to mid 50's. Explore relational & behavioral style w/others. Thurs 5:15pm 415-383-3337 <http://www.loismft.com>

AUTONOMIC NERVOUS SYSTEM SKILLS GROUP, Wowlenn Seward-Katmiller, LMFT, SEP. Every other Tuesday AM, Sebastopol. ANS education, skills practice for clients who already have an individual therapist. 707-787-0402

~~~GROUPS FOR THERAPISTS~~~

LONG TERM HYBRID THERAPY GROUP FOR PSYCHOTHERAPISTS, Geraldine Alpert, PhD. Group meets on-line weekly, with bi-monthly in person meeting on weekend in San Rafael. Psychodynamic/interpersonal orientation. Group currently has 3 men and 5 women. 415-453-8969
Geraldine.Alpert@gmail.com

~~~WORKSHOPS & TRAININGS~~~

PSYCHODRAMA TRAINING WEEKENDS, MARIN,

Sylvia Israel, LMFT, RDT/BCT, TEP. In-person, Marin

County. Enjoy an experiential weekend as you learn methods that can enliven and inspire both client and therapist. CEs available.

415-454-7308. sylvia@imaginecenter.net

<http://www.BayAreaMorenoInstitute.com>

~~~CONSULTATION GROUPS~~~

CONSULTATION GROUPS, **Renée Owen, LMFT.**

Practice building, general case consult and group therapy consult. Get help creating a thriving practice or running groups. 1x/mth, Now Online. 25+ years experience.

415-847-1353 or email reneeowen@sbcglobal.net

<https://therapists.psychologytoday.com/183422>

BI-MONTHLY CONSULTATION GROUP, **Geraldine**

Alpert, PhD, formerly Dir. Post-Doc Training at Kaiser, Assoc. Clin Prof. of Psychiatry at UCSF, Dir. of Group Therapy at McAuley Neuro psychiatric Inst. Input/support.

415-497-9479 Geraldine.Alpert@gmail.com

Interpersonal Process Groups

Women's Group - Tuesday 5:15pm

Women's Group - Wednesday 5:45pm

Mixed Gender - Thursday 5:15pm

Process groups:

- Offer support + community during times of isolation
- Provide a safer, confidential setting to share our stories + emotional lives
- Allow us to focus on what's happening between people in the moment
- Ponder the ways we form and foster relationships
- Share our hopes and dreams for better social connection
- Provide a forum to share anxieties, grief, celebrations, or melancholy

Members Learn How To:

- Improve communication skills
- Expand their emotional lives
- Begin new relationships and decrease isolation
- Repair ruptured relationships
- Change unproductive relational behavior patterns

Fee: \$80 (90 min) - Sliding scale available

Contact me for a complimentary 20 minute phone consultation **415-383-3337**

Screening meetings are necessary prior to group participation to ensure a good match of group membership.

Find out more on my website: **www.loismft.com**

Lois Friedlander, MFT is an experienced clinician + confident Certified Group Psychotherapist, member of the clinical faculty, UCSF Dept. of Psychiatry, Faculty of the Group Psychotherapy Training Program @ The Psychotherapy Institute. She has been a workshop presenter at the American Association of Group Psychotherapy and developed graduate level group dynamics curriculum at the California Institute for Integral Studies.



**PROCESS GROUP
THERAPY**

OPENINGS NOW!



KIM IVES HICKS, MFT, CGP

(650) 737-1818



AD SUBMISSION GUIDELINES

Therapy Group Ads is a quarterly insert in the online editions of the **Mar., June, Sept. & Dec.** issues of RECAMFT's newsletter:
NEXT DEADLINE: February 1, 2024 (for MAR/APR/MAY 2024 issue)

STEPS TO SUBMIT CLASSIFIED LINE ADS:

- (1) Renew OLD ads by emailing Renee and for payment follow **Step 5** below.
- (2) Format your **NEW** ad: Maximum 6 lines, 50 characters per line, including spaces and punctuation; avoid hyphens. **Please adhere to these limits.** Please do not add additional bold or caps to your ad.
- (3) Specify the section in for your **NEW** ad: Groups for Women; Groups for Men; Coed Groups; Children, Teens, Parenting (one section); Specialty Groups; Groups for Therapists; Consultation Groups; Workshops & Trainings.
- (4) Email **NEW** ads in body of email (NO ATTACHMENTS) to reneeowen@sbcglobal.net prior to deadline. Type **RECAMFT THERAPY GROUPS** in subject line
- (5) SUBMIT ONLINE PAYMENT SEE www.recamft.org/Purchase-Therapy-Group-Ads

STEPS TO SUBMIT DISPLAY ADS:

- (1) Renew OLD ads by emailing Renee and following **Step 5** above (**SUBMIT ONLINE PAYMENT**)
- (2) Email your NEW Display Ad to therapy@recamft.org (cc to reneeowen@sbcglobal.net) prior to deadline. Please type "**RECAMFT Therapy Groups Display Ad**" in the subject line & email copy of ad with online payment info to: reneeowen@sbcglobal.net

COST (LINE ADS):

RECAMFT (& MCAMFT) Members: \$20 first listing, \$10 each additional listing (in same issue).

Non-Members (& nonprofits, institutions, & agencies): \$25 first listing, \$15 each additional listing.

COST (DISPLAY ADS):

Half Page (3.5" x 9.5") = \$110

Quarter page (3.5" x 4.5") = \$60

QUESTIONS:

Line Ads - Renee Owen at reneeowen@sbcglobal.net

Display Ads – therapy@recamft.org