



RECAMFT THERAPY GROUPS

~MAR/APR/MAY 2023~

~~~GROUPS FOR WOMEN~~~

WOMEN'S GROUP, Renée Owen, LMFT. Ongoing, for clinicians and non-clinicians. Be enriched, inspired & energized. Develop & deepen intimacy skills. Support & process work, goal setting. Now Online. 25+ years experience. 415-847-1353 or reneeowen@sbcglobal.net
<https://therapists.psychologytoday.com/183422>

DIVORCE GROUPS FOR WOMEN ONLY, Susan Pease Gadoua, LCSW. Ongoing, Online biweekly groups provide community, emotional support and information- all stages divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings & situations. 415-448-6242.

WOMEN'S RELATIONAL PROCESS GROUPS, Lois Friedlander, MFT Tues. 5:15pm and Wednesday 5:45pm eves, Goals: Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Ages: late 20's to mid 50's. Experienced, certified facilitator. Contact: 415-383-3337
lois@loismft.com <http://www.loismft.com/>

WOMEN'S SEXUALITY PROCESS GROUP, Natashia Fuksman, LMFT, CST. Meets Wkly, Tues 9:15-10:30am & Wed 5:15-6:30pm. Open to Adult women w/i CA. Sexuality as: self-care, body love, relational intimacy, sex over life span, etc. \$75/group, 6 mth commitment.
<http://www.natashiamft.com/services> or natashiamft@gmail.com

~~~GROUPS FOR MEN~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~CHILDREN, TEENS, & PARENTING GROUPS~~~

MOTHER'S SUPPORT GROUP, Deanna Bernard, LCSW. 10 week online session evening group Nurture the nurturers! Call or text 707-749-0022.
email: TeletherapyLCSW@protonmail.com
website: www.DeannaBernard.com

ATTACHMENT VITAMINS PARENTING GROUP, Christy Livingston, LMFT and Lida Hughes, AMFT. 10-week program developed by UCSF on strengthening parent-child bond. Clinicians welcome. In-person Jan 2023, father's in-person Feb 2023, online option available. 707-395-7550
www.bridgestounderstanding.org

~~~COED GROUPS~~~

INTIMACY GROUPS & SINGLES GROUP, Renée Owen, LMFT. Ongoing groups for singles, couples, or married. Also 9-wk grp for Singles. Create more success in relationships. Clinicians welcome. Online. 25+ years experience. 415-847-1353. reneeowen@sbcglobal.net
<https://therapists.psychologytoday.com/183422>

~~~SPECIALTY GROUPS~~~

MIXED GENDER RELATIONAL PROCESS GROUP, Lois Friedlander, MFT, Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Late 20's to mid 50's. Explore relational & behavioral style w/others. Thurs 5:15pm 415-383-3337 <http://www.loismft.com/>

ENNEAGRAM EXPLORATIONS & INQUIRY GROUP FORMING Harriet Katz, LCSW. 33+Yrs Diamond Approach. Deepen your Integration of psyche-soul body & spiritual dimension thru somatic inquiry, Clinicians welcomed. Zoom Call/Txt 707-544-8879 www.TotalBeingPsychotherapy.com

~~~GROUPS FOR THERAPISTS~~~

CO-LED THERAPY GROUP FOR MATURE THERAPISTS, Geraldine Alpert, PhD & Elaine Cooper, PhD, LCSW. One opening in high functioning group w/ psychodynamic/interpersonal orientation on Wed.am. San Rafael. 4 mn and 3 wmn. 415-497-9479

SOMATIC THERAPY GROUP FOR THERAPISTS, Wowlvenn Seward-Katzmiller, LMFT, SEP. Mondays AM, Sebastopol. Explore movement, touch, nervous system tracking. 707-787-0402

BURNOUT PREVENTION GROUP, Renée Owen, LMFT #35255. Get consult and support on how to prevent burnout and sustain a practice that helps you Thrive! Meets 1x/mth, Now Online. 25+ years experience. 415-847-1353 or reneeowen@sbcglobal.net
<https://therapists.psychologytoday.com/183422>

~~~WORKSHOPS & TRAININGS~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~CONSULTATION GROUPS~~~

CONSULTATION GROUPS, Renée Owen, LMFT. Practice building, general case consult and group therapy consult. Get help creating a thriving practice or running groups. 1x/mth, Now Online. 25+ years experience. 415-847-1353 or email reneeowen@sbcglobal.net
<https://therapists.psychologytoday.com/183422>

CONSULTATION FROM A SOMATIC & SPIRITUAL ORIENTATION Harriet Katz, LCSW Explore the Enneagram while deepening & learning about it to help guide understanding with the unfolding nature of the soul & its impact on our process. Call or Txt 707-544-8879
www.TotalBeingPsychotherapy.com

BI-MONTHLY CONSULTATION GROUP, Geraldine Alpert, PhD, formerly Dir. Post-Doc Training at Kaiser, Assoc. Clin Prof. of Psychiatry at UCSF, Dir. of Group Therapy at McAuley Neuro psychiatric Inst. Input/support. 415-497-9479 Geraldine.Alpert@gmail.com

SOMATIC CONSULTATION GROUP FOR THERAPISTS, Wowlvenn Seward-Katzmiller, LMFT, SEP. Thursdays AM, Sebastopol. All somatic levels welcome. General concepts reviewed, specific cases and questions explored. 707-787-0402

AD SUBMISSION GUIDELINES

Group Therapy Classified Ads is a quarterly insert in the online editions of the **Mar., June, Sept. & Dec.** issues of RECAMFT's newsletter:

NEXT DEADLINE: May, 1, 2023 (for JUNE/JULY/AUG 2023 issue)

STEPS TO SUBMIT CLASSIFIED LINE ADS:

- (1) Renew OLD ads by emailing Renee and for payment follow **Step 5** below.
- (2) Format your **NEW** ad: Maximum 6 lines, 50 characters per line, including spaces and punctuation; avoid hyphens. **Please adhere to these limits.** Please do not add additional bold or caps to your ad.
- (3) Specify the section in for your **NEW** ad: Groups for Women; Groups for Men; Coed Groups; Children, Teens, Parenting (one section); Specialty Groups; Groups for Therapists; Consultation Groups; Workshops & Trainings.
- (4) Email **NEW** ads in body of email (NO ATTACHMENTS) to reneeowen@sbcglobal.net prior to deadline. Type **RECAMFT THERAPY GROUPS** in subject line
- (5) SUBMIT ONLINE PAYMENT SEE www.recamft.org/Purchase-Therapy-Group-Ads

STEPS TO SUBMIT DISPLAY ADS:

- (1) Renew OLD ads by emailing Renee and following **Step 5** above (**SUBMIT ONLINE PAYMENT**)
- (2) Email your NEW Display Ad to therapy@recamft.org (cc to reneeowen@sbcglobal.net) prior to deadline. Please type "**RECAMFT Therapy Groups Display Ad**" in the subject line & email copy of ad with online payment info to: reneeowen@sbcglobal.net

COST (LINE ADS):

RECAMFT (& MCAMFT) Members: \$20 first listing, \$10 each additional listing (in same issue).

Non-Members (& nonprofits, institutions, & agencies): \$25 first listing, \$15 each additional listing.

COST (DISPLAY ADS):

Half Page (3.5" x 9.5") = \$110

Quarter page (3.5" x 4.5") = \$60

QUESTIONS:

Line Ads - Renee Owen at reneeowen@sbcglobal.net

Display Ads – therapy@recamft.org

Interpersonal Process Groups

Women's Group - Tuesday 5:15pm
 Women's Group - Wednesday 5:45pm
 Mixed Gender - Thursday 5:15pm

Process groups:

- Offer support + community during times of isolation
- Provide a safer, confidential setting to share our stories + emotional lives
- Allow us to focus on what's happening between people in the moment
- Ponder the ways we form and foster relationships
- Share our hopes and dreams for better social connection
- Provide a forum to share anxieties, grief, celebrations, or melancholy

Members Learn How To:

- Improve communication skills
- Expand their emotional lives
- Begin new relationships and decrease isolation
- Repair ruptured relationships
- Change unproductive relational behavior patterns

Fee: \$80 (90 min) - Sliding scale available

Contact me for a complimentary 20 minute phone consultation **415-383-3337**

Screening meetings are necessary prior to group participation to ensure a good match of group membership.

Find out more on my website: www.loismft.com

Lois Friedlander, MFT is an experienced clinician + confident Certified Group Psychotherapist, member of the clinical faculty, UCSF Dept. of Psychiatry, Faculty of the Group Psychotherapy Training Program @ The Psychotherapy Institute. She has been a workshop presenter at the American Association of Group Psychotherapy and developed graduate level group dynamics curriculum at the California Institute for Integral Studies.



Online/small group size.

Partial scholarships available based on need.

Must attend all 12 sessions.

*Only simple tools are necessary.
 Possible visual journaling supplies:
shiramarinphd.com/supplies*

A New Offering from Soul Circles

Color Me Human

Visual Journaling & Group Process for Personal Exploration

Led by Shira Marin, PhD, LMFT, CGP (15972)

**An invitation to a safe, creative conversation about
 Identity, Color, Culture and what it means to
 belong as an individual & a member of society**

Friday Morning Group

10:15 am - 12:30 pm PDT

March 17- June 2, 2023

Cost: \$315/month by March 10

*A complimentary pre-participation
 interview is required.*

To register or for more information visit shiramarinphd.com/workshops/human