

## Anti-Racism Therapy: Moving Beyond Cultural Competence Thema Bryant-Davis, PhD

(1.5 CE Hours)

Date: Friday, July 24, 2020

Time: 12:00 pm – 1:30 pm (please log in 10 minutes in advance)

**Place:** Online Webinar – Details at Registration

Fees: Members: \$50, Non-Members: \$60, Students: \$15

## Register Here

This training reviews the constructs of cultural competence and cultural humility and extends to an understanding of anti-racism, decolonization, and liberation psychology. With attention to intersectionality, attendees discover ways that an anti-racist lens shapes assessment, intervention, and the personal, professional, and public lives of mental health professionals.

This 90-minute training is for beginner and advanced clinicians, as most training programs have not offered training in anti-racism therapeutic practice. The training will encompass both theory and practical application of anti-racism therapy.

The training also touches on sustainability, self-care, and community-care as the work of anti-racism is a life-long commitment.



**Thema Bryant-Davis, PhD** is a licensed psychologist, professor of psychology at Pepperdine University, and director of the Culture and Trauma research lab. She is a past psychology representative to the United Nations and a past president of the Society for the Psychology of Women. Dr. Bryant-Davis has published and presented on the societal trauma of racism and anti-racism therapy. She is author of the book Thriving in the Wake of Trauma: A multicultural guide and co-editor of the book *Womanist and Mujerista Psychologies*. The California Psychological Association honored Dr. Bryant-Davis as Distinguished Scholar of the Year.

Join RPA before registering for this webinar and receive a \$10 discount.

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**Important Notice:** Those who attend the workshop and complete the CPA evaluation form will receive 1.5 continuing education credits. Please note that APA CE rules require that we give credit only to those who attend the entire workshop. Those arriving more than 15 minutes after the start time or leaving before the workshop is completed will not receive CE credits.