

RECAMFT THERAPY GROUPS

~MAR/APR/MAY 2024~

~~~GROUPS FOR WOMEN~~~

WOMEN'S GROUP, Renée Owen, LMFT. Ongoing, for clinicians and non-clinicians. Be enriched, inspired & energized. Develop & deepen intimacy skills. Support & process work, goal setting. Now Online. 25+ years experience. 415-847-1353 or reneeowen@sbcglobal.net https://therapists.psychologytoday.com/183422

DIVORCE GROUPS FOR WOMEN ONLY, Susan Pease Gadoua, LCSW. Ongoing, Online biweekly groups provide community, emotional support and information - all stages divorce or separation. Topics: self-esteem, empowerment and recovery from difficult feelings & situations. 415-448-6242

WOMEN'S RELATIONAL PROCESS GROUPS, Lois

Friedlander, MFT Tues. 5:15pm and Wednesday 5:45pm eves, Goals: Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Ages: late 20's to mid 50's. Experienced, certified facilitator. Contact: 415-383-3337 lois@loismft.com http://www.loismft.com

~~~GROUPS FOR MEN~~~

TO PLACE YOUR AD HERE SEE SUBMISSION GUIDELINES ON LAST PAGE

~~~CHILDREN, TEENS, & PARENTING GROUPS~~~

8 WEEK SUPPORT GROUP, Adrienne Vincenti, AMFT.

Supporting parents, raising neurodivergent and disabled children. Wednesday's 6pm to 7:30pm -Online.

Website: <u>www.adrienne-vincenti.com</u> Email: <u>adrienne@adrienne-vincenti.com</u>

~~~COED GROUPS~~~

INTIMACY GROUPS & SINGLES GROUP, Renée

Owen, LMFT. Ongoing groups for singles, couples, or married. Also 9-wk grp for Singles. Create more success in relationships. Clinicians welcome. Online. 25+ years experience. 415-847-1353. reneeowen@sbcglobal.net https://therapists.psychologytoday.com/183422

MIXED GENDER PROCESS GROUPS, <u>Kim Ives Hicks</u>, CGP, MFT. Now online. (650) 737 1818

www.counselingforyou.com

~~~SPECIALTY GROUPS~~~

MIXED GENDER RELATIONAL PROCESS GROUP,

<u>Lois Friedlander</u>, MFT, Decrease isolation, enhance social skills. Integrates psycho-dynamic, interpersonal models. Late 20's to mid 50's. Explore relational & behavioral style w/others. Thurs 5:15pm 415-383-3337 http://www.loismft.com

EMBODYING & EMBRACING WHOLENESS AFTER

CANCER, Liminal Medicine. Ketamine Assisted Psychotherapy group for survivors of cancer. Begins April 12 in Sebastopol, six weeks. Medical supervision, experienced providers. Some sliding scale spaces. 707-861-0807, info@liminal-med.com

FREEING THE CREATIVE VOICE, Liminal Medicine.

5-week Ketamine Assisted Psychotherapy group for artists/writers/creatives experiencing creative blocks. In Sebastopol, begins April 30. Medical supervision, experienced providers. Some sliding scale spaces. 707-861-0807, info@liminal-med.com

OPEN GATHERING, 1 day, KAP, Liminal Medicine

1-day introductory Ketamine-Assisted Psychotherapy group for those exploring treatment, discounted rate of \$800. Medical supervision, experienced providers. Sat. 9/21, Sebastopol. Application deadline 8/30. info@liminal-med.com, 707-861-0807.

~~~GROUPS FOR THERAPISTS~~~

LONG TERM HYBRID THERAPY GROUP FOR

PSYCHOTHERAPISTS, Geraldine Alpert, PhD. Group meets on-line weekly, with bi-monthly in person meeting on weekend in San Rafael. Psychodynamic/interpersonal orientation. Group currently has 3 men and 5 women. 415-453-8969 Geraldine.Alpert@gmail.com

OPEN GATHERING PROVIDERS KAP, Liminal Medicine

1-day introductory Ketamine-Assisted Psychotherapy group experience just for medical & mental health providers, at a discounted rate of \$800. Medical supervision, experienced providers. Sat. 6/22, Santa Rosa. info@liminal-med.com, 707-861-0807.

HELPING THE HELPERS KAP GROUP, <u>Liminal</u> Medicine

5-week Ketamine-Assisted Psychotherapy group for medical & mental health providers facing burnout. Fridays in Sebastopol, begins 7/26. Some sliding scale spaces. Medical supervision, experienced providers. info@liminal-med.com, 707-861-0807.

~~~WORKSHOPS & TRAININGS~~~

PSYCHODRAMA TRAINING WEEKENDS, MARIN,

Sylvia Israel, LMFT, RDT/BCT, TEP. In-person, Marin

County. Enjoy an experiential weekend as you learn methods that can enliven and inspire both client and therapist. CEs available.

415-454-7308. <u>sylvia@imaginecenter.net</u> http://www.BayAreaMorenoInstitute.com

~~~CONSULTATION GROUPS~~~

CONSULTATION GROUPS, Renée Owen, LMFT.

Practice building, general case consult and group therapy consult. Get help creating a thriving practice or running groups. 1x/mth, Now Online. 25+ years experience. 415-847-1353 or email reneeowen@sbcglobal.net https://therapists.psychologytoday.com/183422



Interpersonal Process Groups

Women's Group - Tuesday 5:15pm Women's Group - Wednesday 5:45pm Mixed Gender - Thursday 5:15pm

Process groups:

- . Offer support + community during times of isolation
- Provide a safer, confidential setting to share our stories + emotional lives
- . Allow us to focus on what's happening between people in the moment
- · Ponder the ways we form and foster relationships
- . Share our hopes and dreams for better social connection
- Provide a forum to share anxieties, grief, celebrations, or melancholy

Members Learn How To:

- · Improve communication skills
- · Expand their emotional lives
- · Begin new relationships and decrease isolation
- Repair ruptured relationships
- · Change unproductive relational behavior patterns

Fee: \$80 (90 min) - Sliding scale available

Contact me for a complimentary 20 minute phone consultation 415-383-3337

Screening meetings are necessary prior to group participation to ensure a good match of group membership.

Find out more on my website: www.loismft.com

Lois Friedlander, MFT is an experienced clinician + confident Certified Group Psychotherapist, member of the clinical faculty. UCSF Dept. of Psychiatry, Faculty of the Group Psychotherapy Training Program @ The Psychotherapy Institute. She has been a workshop presenter at the American Association of Group Psychotherapy and developed graduate level group dynamics curriculum at the California Institute for Integral Studies.

PROCESS GROUP THERAPY

OPENINGS NOW!



KIM IVES HICKS, MFT, CGP

(650) 737-1818





AD SUBMISSION GUIDELINES

Therapy Group Ads is a quarterly insert in the online editions of the Mar., June, Sept. & Dec. issues of RECAMFT's newsletter: NEXT DEADLINE: May 1, 2024 (for JUNE/JULY/AUG 2024 issue)

STEPS TO SUBMIT CLASSIFIED LINE ADS:

- (1) Renew OLD ads by emailing Renee and for payment follow **Step 5** below.
- (2) Format your **NEW** ad: Maximum 6 lines, 50 characters per line, including spaces and punctuation; avoid hyphens. **Please adhere to these limits.** Please do not add additional bold or caps to your ad.
- (3) Specify the section in for your **NEW** ad: Groups for Women; Groups for Men; Coed Groups; Children, Teens, Parenting (one section); Specialty Groups; Groups for Therapists; Consultation Groups; Workshops & Trainings.
- (4) Email **NEW** ads in body of email (NO ATTACHMENTS) to <u>reneeowen@sbcglobal.net</u> prior to deadline. Type **RECAMFT THERAPY GROUPS** in subject line
- (5) SUBMIT ONLINE PAYMENT SEE www.recamft.org/Purchase-Therapy-Group-Ads

STEPS TO SUBMIT DISPLAY ADS:

- (1) Renew OLD ads by emailing Renee and following Step 5 above (SUBMIT ONLINE PAYMENT)
- (2) Email your NEW Display Ad to therapy@recamft.org (cc to reneeowen@sbcglobal.net) prior to deadline. Please type "RECAMFT Therapy Groups Display Ad" in the subject line & email copy of ad with online payment info to: reneeowen@sbcglobal.net

COST (LINE ADS):

RECAMFT (& MCAMFT) Members: \$20 first listing, \$10 each additional listing (in same issue). Non-Members (& nonprofits, institutions, & agencies): \$25 first listing, \$15 each additional listing.

COST (DISPLAY ADS):

Half Page $(3.5" \times 9.5") = 110 Quarter page $(3.5" \times 4.5") = 60

QUESTIONS:

Line Ads - Renee Owen at reneeowen@sbcglobal.net
Display Ads - therapy@recamft.org

